

## **Burnett Medical Centre and Aesthetics**

### **Vasectomy fact sheet, V2 20 July 2020**

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### **Vasectomies**

Dr Ayobami Adeniji (Dr Ayo), Practice Principal from Burnett Medical Centre, conducts straight-forward and convenient vasectomies for men in Bundaberg and the surrounding areas.

Dr Ayo has many years experience conducting vasectomies and has undergone advanced vasectomy training in the US.

Having a vasectomy is a relatively pain-free and simple procedure to achieve contraception for you and your partner.

There is no change in your sexual performance or how you feel about sex, simply the sperm is no longer present in the semen.

Vasectomy is one of the safest and most effective methods of permanent contraception. It is much safer and less expensive than tubal ligation or contraceptive medication (over time) for women.

### **What's involved?**

At Burnett Medical Centre we do not use a scalpel. Instead, Dr Ayo carefully isolates the vas deferens and makes a tiny opening in the skin with a special instrument. The vas deferens is cut and sealed to block sperm. No stitches are needed to close the opening, which heals quickly, with virtually no scarring.

The scrotum and vas deferens will be injected with local anaesthesia which makes the vasectomy procedure essentially painless. Patients feel at most a brief discomfort from the initial anaesthetic injections but no pain during the procedure.

The procedure takes approximately 30 minutes and you will be able to drive home. You will need to avoid strenuous physical activity for 48 hours following your vasectomy but can then resume usual activities including sex after seven days.

Our out of pocket clinical fee for your vasectomy is \$300.



### **Important fertility note**

Sperm can still be present in the vas deferens for up to four weeks following your vasectomy so you will need to use alternative contraceptive during this time. Dr Ayobami Adeniji will arrange for you to come back to the clinic for a semen analysis to confirm successful infertility.

### **Next steps ...**

Phone (07) 4151 2608 to book an initial consultation with Dr Ayobami Adeniji to discuss the vasectomy process and have your questions answered. Then we will book your vasectomy on a day and time convenient to you.